

## NARR-Accredited Recovery Housing



**Why is NARR (National Alliance for Recovery Residences) accreditation so vital to the "heart" of what we do?**

**Answer:** NARR accreditation ensures our houses aren't just "sober living facilities". NARR standards require us to foster a culture of peer support, uphold the physical and emotional safety of the environment, and empower residents to govern their own recovery journeys. It proves to our community that we meet the absolute highest national standards for compassionate care

### Our Housing Continuum

We know that having a stable and safe place to live is one of the four major dimensions that support a life in recovery. To ensure you have the best possible environment to rebuild and thrive, we are proud to offer high-quality, accredited housing options:

#### Recovery Housing

##### 4 Locations - Level III NARR-Accredited):

We provide safe, structured, and culturally responsive environments designed to support your daily recovery. This accredited level of support means you have active, peer-led guidance to help you build a solid foundation.

#### Permanent Apartments

##### 2 Complexes - Level II-Accredited:

We offer affordable, independent living spaces (studio, 1 and 2-bedroom units) for your sustained recovery journey. These complexes allow you to maintain your independence while ensuring you always have access to continued peer support as you adapt to life changes.

## Empowering the Peer Workforce

As a recognized Regional Center of Excellence, Bay Area First Step provides OHA State-Approved certification training designed to equip the recovery workforce with the critical knowledge, skills, and abilities needed for success. We offer comprehensive foundational training tracks in:

#### Peer Support Specialist (PSS) - Adult Addictions

Focuses on building supportive relationships based on mutual respect, sharing lived experiences, and supporting multiple pathways to recovery.

#### Peer Support Specialist (PSS) - Mental Health

Emphasizes empathy, genuineness, and active listening to build rapport and facilitate a mutual helping relationship.

#### Continued Education

BAFS Training Department offers free monthly CEU opportunities to help you maintain your state certifications and elevate your practice.

**We believe that learning and growth are essential to support our peers and the broader community.**

CHECK OUT THE TRAINING CALENDAR!

Visit [www.bayareafirststep.org/training](http://www.bayareafirststep.org/training) for the latest schedules, CEU topics, and registration information.

**Main Office & RCC:** 3950 Sherman Ave, North Bend, OR  
**Curry County RCC:** 16289 Hwy 101 S Brookings, OR  
**Phone:** 541-756-3111

**Fax:** 541-756-2111

**Email:** [info@bayareafirststep.org](mailto:info@bayareafirststep.org)

**Web:** [www.bayareafirststep.org](http://www.bayareafirststep.org)

Equal Housing Opportunity



## Bay Area First Step



## A Peer-Run Organization Where Recovery Happens

**"Empowering individuals to actively engage in their own recovery journey."**



[www.bayareafirststep.org](http://www.bayareafirststep.org) | 541-756-3111

## Peer Support

### Our Peer-Run Promise

Bay Area First Step (BAFS) is a proudly Peer-Run organization. This means our program is owned, governed, and managed entirely by peers!

As Certified Peer Support Specialists, we know that no one should have to navigate recovery alone. We meet you exactly where you are. Using our own lived experience, we walk right beside you to help navigate complicated systems, connect with local resources, and overcome barriers. Rooted in genuine connection and mutual respect, we don't tell you what to do; we empower you to build a solid foundation and advocate for your own life goals.



### Other Programs we offer:

#### PATHS Program

We are proud to offer onsite testing and quick access to OHSU Telehealth treatment for HCV and other STIs to help support your overall well-being.

#### Health Equity Program

Through this program, a dedicated peer will be there to walk alongside you, providing care navigation and resources for other communicable diseases.

For more information on these programs, please contact us.

**No matter where you are in your journey, we would be honored to walk right beside you!**

## Outpatient Treatment

**"Change begins with a single step, and you do not have to take that step alone".**

At BAFS we know there are multiple pathways to recovery, and no two journeys look exactly the same. Instead of a one-size-fits-all approach, we partner with you to find the exact level of support that matches your unique needs, lifestyle, and goals. Using recognized, evidence-based guidelines (ASAM criteria), our certified counselors and state-certified Peer Specialists work collaboratively with you to ensure you receive the most effective placement possible. Because we prioritize your right to self-determination, you are always an active partner in this decision-making process. Ready to take the next step? Explore our outpatient treatment options below to find flexible, personalized support that fits your life.



#### General Outpatient Treatment:

Flexible, evidence-based support designed to fit into your daily routine while you build practical recovery skills.

#### Intensive Outpatient Program (IOP):

A higher level of structured, empowering care for when you need a stronger foundation and deeper community connection.

#### State-Approved Dual Services:

Our certified counselors provide the necessary treatment and will help you navigate the process from start to finish.

## Recovery Community Centers (RCCs)

Serving both Curry and Coos Counties, our Recovery Community Centers are the hub of everything we do. They provide a safe, substance-free landing spot to find resources, mutual support, and genuine connection with peers. As your gateway to all of our services, our centers also offer:

- Recovery support meetings
- Educational workshops
- Recreational activities, including community hikes and BBQ's.
- Art activities

### North Bend RCC:



### Brookings/Harbor RCC:

