

# Smoking Cessation Workshop

*Are you ready to take that first step in quitting smoking?*

*Come join us Monday at 5pm*

*Location: 155 S Empire Blvd Coos Bay, OR 97420*

*(building in the middle of the parking lot)*

*For more information or questions please reach out to*

*Jack-541-851-7151 or [jwhite@bayareafirststep.org](mailto:jwhite@bayareafirststep.org)*

**The moment when you  
want to quit smoking, is  
the moment when you  
need to keep pushing.**



*Quit Smoking Quotes via Gecko & Fly*