## Smoking Cessation Workshop

Are you ready to take that first step in quitting smoking? <u>Come join us Wednesdays from 12pm-1pm</u> Location: 155 S Empire Blvd Coos Bay, OR 97420 (building in the middle of the parking lot) For more information or questions please reach out to Jack-541-851-7151 or jwhite@bayareafirststep.org

> Every time you try to quit smoking you are actually getting closer to staying smoke free.

